

Central Indiana Academy of Wrestling

ciawrestling.com

CIA FREESTYLE CAMP

featuring

SARA MCMANN

ABOUT SARA:

- \Rightarrow 2004 Olympic Silver Medalist
- ⇒ World Championship Silver Medalist ('03) and 2X Bronze Medalist ('05, '07)
- $_{\Rightarrow}\,$ 2X Pan Am Games Champion ('03, '07)
- \Rightarrow 7X Senior Open Champion
- \Rightarrow Fila Grappling World Champion ('09)
- \Rightarrow 3-0 as an amateur fighter
- \Rightarrow 7-0 as a professional fighter
- \Rightarrow 1-0 in the UFC

Questions?

Call or email **Brady Eppert** at 317.440.5504 or bveppert@gmail.com

Camp Information

<u>Dates</u>: Sat, June 1 and Sun, June 2 <u>Location</u>: Lawrence North High School <u>Fee:</u> \$90 (includes both days)

<u>Saturday, June 1</u>

- ⇒ Session I: 10 am to 12 pm *Lunch Break*
- ⇒ Session II: 1 pm to 3 pm *Break—Snacks/Drinks*
- $\Rightarrow~$ Session III: 4 pm to 5:30 pm

Wrestlers must be picked up by 6 pm.

<u>Sunday, June 2</u>

- ⇒ Session I: 9 am to 11 am *Break—Snacks/Drinks*
- $\Rightarrow~$ Session II: 1 2 pm to 1:30 pm

Wrestlers must be picked up by 2 pm.

WRESTLERS: Be ready to wrestle at least 5-10 minutes prior to sessions.

Lunch will be provided on Saturday ONLY, after the first session. Drinks will also be provided.